

LIONS BONE

EAST KAUA'I LIONS CLUB



Sept 2023

Issue LXXXV No III

Official Bulletin of

EAST KAUA'I LIONS CLUB

Chartered May 18, 1938

by Lions International

P. O. Box 67

Lihu'e, HI 96766

MEETING VENUE:

Kaua'i Veterans Center

3215 Kaua'i Veterans Memorial
Highway

Lihu'e, HI

President Lion Crystal Caday-Bargayo

Immediate Past President Lion Robin Dame

First Vice President Lion Rebecca Carnate

Second Vice President Lion Marcia Kellogg

Third Vice President Lion John Baxter

Secretary Lion Helena Cooney

Treasurer Lion Stephen Fujii

Lion Tamer Lion Harvey Kinoshita

Directors Lion PDGs Roy Nishida and Kelvin Moniz, Lions Angel Acorda, Deanna Starinieri, and Donald Nagamine

Tail Twister Lion Paul Endo

Bulletin Editor Lion Marcia Kellogg

President's Message - Lion Crystal Caday-Bargayo

I am so grateful that we have such dedicated Lion members. We are all pillars of strength for our community and likewise; all of you are the foundation and pillars for me. Your knowledge, compassion, and strengths are very important to me. A heart full of gratitude to all.

The Lions Clubs International motto is We Serve, which to Lions means selfless service to others in need in our local communities. The word We is inclusive, which includes transparency relative to gender, religion, ethnicity, politics or nationality.

Our mission is to empower Lions clubs, volunteers, and partners to improve health and well-being, strengthen communities, and support those in need through humanitarian services and grants that impact lives globally, and encourage peace and international understanding.

Thank you so much,

Birthdays and Anniversaries - September

Birthdays	Anniversaries
Crystal Caday-Bargayo	Paul Endo 1988
Robin Dame	
Roy Nishida	

Calendar

October

Mon 07th 5:00 p.m. Zone Social Meeting, KVC

Thu 05th 6:30 p.m. General Membership Meeting, KVC [Happy Talk, 5:30]

Thu 12th 6:30 p.m. Board of Directors Meeting, KVC

Sat 14th 1:00 p.m. – 4:00 p.m. Zone Social, KVC

Thu Sep 19 06:30 p.m. General Membership Meeting, KVC [Happy Talk, 5:30]

November

Thu 02nd 6:30 p.m. General Membership Meeting, KVC [Happy Talk, 5:30]

Thu 9th 6:30 p.m. Board of Directors Meeting, KVC

Sat 11th Time TBD Veterans’ Day Flag Waving, KVC

Mon 15th 5:00 p.m. Zone Meeting, KVC

Sat 16th 1:00 p.m. – 4:00 p.m. Zone Social, KVC

Thu Sep 19 06:30 p.m. General Membership Meeting, KVC [Happy Talk, 5:30]

****President's Project Diabetes Program: information to come**

EKLC Projects and Programs

We're picking up steam with the start of autumn with more projects underway and more to come. We're especially looking forward to hosting the Zone Social upcoming on October 14th! Lions Helena and Janice and the Zone Social Committee are hard at work to put on a very special afternoon.

Special Guest Speaker - Romy Castillo

We extend our thanks to Eastern medicine practitioner, Romy Castillo, for joining us at our September 21st General Membership Meeting. Mr. Castillo led the Lions in an exercise in tapping and shaking for whole body well being. The whole group got up and active to help our qi (chi), practicing breathing and movement for mental and physical help. Thank you so much for sharing your expertise with us, Mr. Castillo!



Maui Wildfire Donations

Our fundraiser for Maui Wildfire Victims raised \$2,170 so far. Our club foundation contributed \$1,000, and EKLC members donated the remaining \$1,170. In addition to our own fundraiser, our members have made other gestures such as helping collecting food and goods to be shipped to Maui. Thank you to those who have made generous gifts for our neighbors in and around Lahaina.

If you would like to make an online donation, please use the secure page directly with the Hawaii Lions Foundation at <https://www.lebh.org/contribute/>



New Member

The East Kauai Lions Club is excited to welcome new member Pam Jardin. Lion Pam is a volunteer at Wilcox Elementary and works with senior citizens at the Lihue Neighborhood Center. Pam has already participated in our projects and meetings for the past two months, and we truly appreciate her eagerness to serve. ROAR Lion Pam!



Books and Computers for Baguio City Lions Club

In our continuing effort to support the teachers and children of the Philippines, the EKLC joined Principal Jason Yoshida and staff of King Kaumualii Elementary School in boxing up 28 cases of school books and one case of Chromebooks. Our club foundation and the Hawaii Lions Foundation sponsor the shipping cost. Lions Roy Nishida and Joanne Ochoco have been especially instrumental in maintaining this great cause, which you can read a bit more about in the Club News section of the August issue of the [Lions Club International Magazine](#).



Photo by Lion President Crystal

Editor's Note: Happy Fall, fellow Lions! Just like spring, the autumn is a wonderful time for reflection and new beginnings. I look forward to seeing and hearing from more of you in the coming months as we move along in this exciting year!

Lion Marcia Kellogg

Send project reports, commentaries, or photos to cmbL_kid@hotmail.com
by the 20th of the month

In submitting material, remember the Three I's of Lions Bone Objectives:

I n f o r m I l l u m i n a t e I n s p i r e

Club bulletins in District 50 are posted to <https://www.hawaiilions.org/newsletters>