

CONCH SHELL

WAIKIKI 2000 LIONS CLUB

VOL 27 ISSUE 10, APRIL 2023



Chartered June 6, 1995
Home of PDG Shannon Ching
District 50 Hawaii, Region III Zone 2
International Associations of Lions Clubs



PRESIDENT'S MESSAGE:

Greetings Lions, Family and Friends, District 50 Hawaii 87th Annual Convention will commence at the end of this month, April 27th to 29th. We look forward to our gathering.

W2K's Kupuna Food Baskets for 24 clients at Project Dana was another successful signature activity. The members assembled the baskets on April 2nd after a meeting conducted by President Jackie Cabebe at the Tenrikyo Honolulu-Ko Church. We would like to acknowledge Lions Co Chair Marie Luna and Jan Offner for taking charge of this project, as well as the many Lions and Friends who participated. W2K was graced by the presence of Project Dana Executive Director Cyndi Osajima.

Lion Chris Chow, D50 Diabetes Awareness Chair, has announced the Walmart Wellness Fair on May 6, 2023 from 10 to 12 and 12 to 2 pm. Please sign up for this endeavor to promote community good health.

Be Safe, Take Care and mahalo for all you do.
Jackie Cabebe President

APRIL 2023 CALENDAR

April 2, Sun: W2K Member Mtg; Kupuna Food Baskets
April 3, Mon: Kapahulu-Moilili Hear Scrn at Kuhio
April 14, Fri: Leeward LC, Hear Scrn at Waipahu
April 14, Fri: Kapahulu-Moilili 66th Charter
April 21, Fri: Manoa LC Hear Scrn at Nuuanu ES
April 22, Sat: Step Out for Diabetes Walk
April 27- 29: District 50 Hawaii 87th Annual Convention.

MAY 2023

May 3, Wed: Oahu LC Hear Scrn Waialeale ES
May 7, Sun: W2K Member Mtg; Eyeglass Cleaning
May 14, Sun: Mothers' Day
May 28m Sun: Tenrikyo Rummage Sale

OFFICERS 2022 - 2023

Waikiki 2000 Lions President Jackie Cabebe

Immediate Past President Gina Amina

1st Vice President Linda Morneau

2nd Vice Presidents Charis Matsuwaki

Secretary June Ching

Treasurer Marie Luna

Membership Director PDG Shannon Ching

Club Service Chair Eloise Balais

Tail Twister Ralph Steensen

Lion Tamer Cheryl Char

Directors Ellen Lakey/Kili Matsui/Ray Miner

Bulletin Editor Christopher Chow

Leo Lion Advisor Christopher Chow

Club Marketing Communication Chris Chow

Club LCIF Coordinator Gina Amina

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Executive Secretary PDG Cecelia Izuo

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W2K website: Chris Chow

<https://www.facebook.com/waikiki2000lions>

<https://twitter.com/waikiki2000lions>

Contacts:

President Jackie Cabebe

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Secretary June Ching

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International President Brian Sheehan

Lions International Director Robert Lee

District 50 Hawaii Governor Gary Nip

Im Past District Governor Mitch Tam

1st Vice District Governor CJ Kalopodes

2nd Vice District Governor Lori Inouye-Yamashita

D50 Cabinet Secretary Jeff Ching

D50 Cabinet Treasurer Lester Nip

Region III Zone 2 Chair Lynette Liu

Region III HLF Trustee Miles Matsumura

Clubs in the Zone, Meeting Times

Ala Moana: 3rd Tuesday, 6:30 pm, Confirm with Lion Ron Ushijima, Secretary. ushijimaron@gmail.com

Kapahulu-Moiliili: 1st Thursday, 6:30 pm, St Louis Alumni Club. Confirm Lion President Lynette Liu or Secretary Jamie Tanimoto

Kuhio: 2nd Monday, 6:30 pm, Ala Wai Golf Clubhouse. Confirm with Lion Lottie Chun-Kuhio@KuhioLions.com

Waikiki 2000 1ST Sunday, 9 am, Tenrikyo Honolulu Ko Church. Confirm with Lion President Jackie Cabebe

Region III Zone 2: Zone Chair Lion Lynette (Lyn) Liu. lyn1@hawaii.rr.com.

HAPPY APRIL BIRTHDAYS

**LION ROBERT COOPER
LION ELLEN LAKEY**



LIONS IN THE PARK

Saturday June 17

time: set up 6am to 2pm

where: Ala Moana park Sections 11 & 12

what: Lions in the Park family fun and membership event (public invited)



PROJECT DANA FOOD BASKETS

Project Dana's executive director, Cyndi Osajima attended Waikiki 2000 April 2 meeting and kupuna food basket project at Tenrikyo Honolulu-Ko Church on Judd Street. W2K remembers 24 kupuna with healthy and non-perishable foods. Mahalo to Lion co-chairs Marie Luna and Jan Offner for coordinating the project, as well as all the participating Lions and Friends.



YOUNG LION SCHOLARSHIPS

CIS Joyce Nip was instrumental in generating funds through the LIONS CAN COOK BOOK project. To expose young Leos and Lions to the activities of Lions, some of the funds were designated to subsidize the cost for applicants to attend District 50 Hawaii Convention, or to USA-CANADA Forum, or LIONS international Convention.

FOND ALOHA

**PDG Earnest Q.C. Chang
Of the Honolulu Chinatown Lions.
He served as District Governor in
1990-1991.**

**W2K participated in PDG Ernie's
Lion's In Service Day event annually
on October 8th.**

**WALMART'S WELLNESS FAIR
MAY 6, SATURDAY**

District 50 **Lions are requested** to assist once again with Walmart's Wellness Fair coming up on **May 6, 2023**. In the previous January fair D50 Lions participated in, store locations have reported a record number of customers stopping by to receive free health screenings while D50 Lions were able to use this opportunity to find new members to join us as Lions!

The upcoming Wellness Fair will take place inside various Walmart locations where health services such as free vision screenings, health screenings vaccinations are offered by Walmart staff. District 50 Lions are called to help with encouraging Walmart shoppers to stop by the health tables AND to assist with health promotion efforts focusing on diabetes prevention and awareness.

The **purpose of this event** is to promote wellness in the community by encouraging shoppers to take a few minutes from their shopping trip to take care of themselves by getting their vision checked, receive this year's flu vaccine and educate the public about diabetes via provided resources (brochures, pamphlets and etc).

**** Lions' main duties are to help with diabetes education via brochures / pamphlets and encouraging shoppers to stop by the health tables (f.e; vision and vaccination tables- which will be conducted by Walmart staff).**

The Walmart Wellness Fair **will take place on Saturday, May 6, 2023 from 10am to 2pm**. This will be broken into 2 shifts: **10am to 12pm and 12pm to 2pm**. **2 Lions are asked to be present per shift**. The Walmart locations needing support from Lions include (location with the largest need at top of the list):

1. Keeaumoku (Oahu)
2. Kunia (Oahu)
3. Mililani (Oahu)
4. Kapolei (Oahu)
5. Hilo (Hawaii Island)
6. Kahului (Maui)

Lions interested in assisting with this project are asked to email, text or call Lion Chris Chow by **Saturday, April 22**.

Email: chrischow@hawaiilions.org

Cell: (808) 286-8390

Thank you very much,

Lion Chris Chow

Chair of Diabetes Awareness Committee

2023 STEP OUT FOR DIABETES WALK:

APRIL 22, SATURDAY

American Diabetes Association of Hawaii

The American Diabetes Association (ADA) is having the Step Out for Diabetes walk Saturday, April 22. Help is needed on the day before the walk (Friday) as well with the day of the walk (Saturday). VDG Lori is coordinating Lions to help with the Friday prep while Lion Kathy Higa is coordinating help for Saturday, the day of the walk.

1) Friday, April 21 12:30pm to 3pm: Duty- Setup tasks

- Seeking up to 20 people to assist with the event set up for the date. Putting up signage or banners, prepping fruit, packing bags, packing t- shirts, setup volunteer area, etc.
- If able to assist please contact VDG Lori with your shirt size

2) Saturday, April 22 7:00am to 11am: Duty- Course marshals

- Check in at the volunteer tent. Pick up vests. Secure walkers/runners to stay on course. Watch traffic. Communicate to command center on participants location on the route. Partner with course cleanup. After last walker, walk back to event area, and return vest.
- If able to assist please contact Lion Kathy with your shirt size

Honolulu District Elementary Speech Festival

APRIL 15, SATURDAY

Kaimuki High School

The 2023 Speech Festival comprised of around 300-400 students from 34 of Oahu district elementary schools. A high priority for the Honolulu District is to develop students' oral communication skills, one of the three components of the Language Arts curriculum. The Honolulu District and Texaco Hawaii worked jointly to host the elementary speech festival. The purpose of this event is to provide opportunities for students to practice public speaking skills in a fun, friendly and safe environment. Volunteers were present as judges for the festival where feedback was provided to each student participant.



-> Lions Adrian Tam and Chris

Chow (W2K)



-> Lions Chris and Kendrick

Chang (Hawaii Kai)

Hapalua Half Marathon

APRIL 16, SUNDAY

Honolulu

District 50 Hawaii Lions were present early morning on the day of the Hapalua Half Marathon to provide first aid support. District 50 Lions staffed the first medical tent of the half marathon providing basic care to walkers and runners. Common items provided included Vaseline, bandages and ice wraps. Lions in attendance worked quickly and were flexible in handling influxes of runners needing assistance.

