



# LIONS BONE



Official Bulletin of EAST KAUA'I LIONS CLUB, Chartered May 18, 1938, by Lions International  
P. O. Box 67; Lihu'e, HI 96766

President *Lion Robin Dame*. Immediate Past President *Lion Harvey Kinoshita*. First Vice President *Lion Crystal Caday-Bargayo*. Second Vice President *Lion DeAnna Starinieri*. Third Vice President *Lion Rebecca Carnate*. Secretary *Lion Helena Cooney*. Treasurer *Lion Stephen Fujii*. Membership Director *Lion Janice Bond*. Lion Tamer *Lion Joan Baganz*. Tail Twister *Lion Kelvin Moniz*, Past District Governor. Directors *Lion Roy Nishida*, Past District Governor; *Lion Donald Nagamine*, *Lion Paul Endo*, *Lion John Ochoco*, *Lion Angel Acorda*. Bulletin Editor *Lion John Ochoco*

Region 1-Zone 1 Chair *Lion Kay Hill*, West Kauai Lions Club.

District Governor *Lion Gary Nip*, Koko Head Lions Club

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SEPTEMBER 30, 2022



Who coined the term "Happy Talk" in place of "Talk Story"? p. 1

With what kind of delicious cake did Lion Alfonso celebrate Lion Rachel's induction? p. 3

In what famous city did Lion PDG Roy install his daughter, Lion Lianne, as President? p. 5

What's the greeting Lions of Japan say when greeting Lions from English-speaking countries? p. 7

## PRESIDENT'S MESSAGE

by Lion Robin Dame, President

Fellow Lions:

I just found out about our term "Happy Talk." A Senior Member, Lion Donald Nagamine, coined the phrase "HAPPY TALK" instead of "Talk Story." This was done to encourage everyone to keep the conversation positive. Even if you want to present a counter point, it can be done by proclaiming it in a positive change we are proposing. Whatever the title, I find Happy Talk a key part of the club dynamic. It is unstructured talk time that allows us to learn more about each other and help create the camaraderie that drives our club. If you haven't been participating in it, I encourage you to try it. It is one of my favorite parts of meeting night.

Cheers!

Lion Robin Dame  
President, LY 2022-2023

## MEETING VENUE

Kauai Veterans Center  
3215 Veterans Memorial Highway, Lihu'e, HI 96766

*See Calendars below for Schedule*

## OCTOBER BIRTHDAYS

**Lion President Robin Dame**  
**Lion PDG Roy Nishida**  
**Lion 1<sup>st</sup> VP Crystal Caday-Bargayo**

## LIONS ANNIVERSARIES

**Lion Paul Endo 1988 34 years**

## OCTOBER CALENDAR

**TUE Oct 04 09:30 a.m. Flag Day Project, Boys and Girls Club**  
**THU Oct 06 06:30 p.m. General Membership Meeting, preceded by Happy Talk, 5:30**  
**THU Oct 13 06:30 p.m. Board of Directors Meeting, Kaua'i Veterans Center**  
**WED Oct 19 07:00 a.m. 13<sup>th</sup> World Deaf Golf Championships 2022 Assistance Project, Wailua Golf Course**  
**THU Oct 20 06:30 p.m. General Membership Meeting, preceded by Happy Talk, 5:30**  
**MON Oct 24 06:30 p.m. District 50 Webinar, Zoom**

## NOVEMBER CALENDAR

**THU Nov 03 06:30 p.m. General Membership Meeting, preceded by Happy Talk, 5:30**  
**THU Nov 10 06:30 p.m. Board of Directors Meeting, Kaua'i Veterans Center**  
**FRI Nov 11 10:00 a.m. Flag Waving, Kaua'i Veterans Center**  
**THU Nov 17 06:30 p.m. General Membership Meeting, preceded by Happy Talk, 5:30**  
**SAT Nov 19 07:00 a.m. Diabetes Clinic, Kaua'i Veteran Center**  
**MON Nov 28 06:30 p.m. District 50 Webinar, Zoom**

## DECEMBER CALENDAR

**THU Dec 01 06:30 p.m. General Membership Meeting, preceded by Happy Talk, 5:30**  
**FRI Dec 02 06:00 p.m. Lights on Rice Parade, Downtown Lihu'e on Rice Street**  
**THU Dec 08 06:30 p.m. Board of Directors Meeting, Kaua'i Veterans Center**  
**THU Dec 15 06:30 p.m. General Membership Meeting, preceded by Happy Talk, 5:30**  
**MON Dec 26 06:30 p.m. District 50 Webinar, Zoom**

*Suggestion: Print this page to post on refrigerator or mirror to track activities.*

*I MUA DISTRICT 50*

*Theme of Lion Gary Nip  
DISTRICT GOVERNOR*

# LION RACHEL SECRETARIO INDUCTED

*Lion Alfonso Murillo, one-year Lion, sponsors his first Cub.*



Lion Rachel is sworn in as sponsoring Lion Alfonso looks on. Inducting officer, Lion PDG Roy Nishida presents his District Governor's lanyard and pin to Lion Rachel who is displaying her Lions membership certificate.



Lion PDG Kelvin Moniz, first one in welcoming procession, presents his District Governor's pin to Lion Rachel as her father, Nelson Secretario, looks on.



In an unprecedented gesture, Lion Alfonso, proud sponsor, treats the club to excellent peach-strawberry-kiwi nut-frosted cake to celebrate Lion Rachel's induction. Lions Rebecca Carnate and Crystal Caday-Bargayo enjoy the cake along with Membership Chair Lion Janice Bond who presented Lion Rachel with membership kit, Lions vest, and club pin. Lion Harvey Kinoshita marches briskly toward the back of the room to get a taste of the second cake before it, too, is gone.

*Photos by Lion John Ochoco*





General Membership Meeting concludes with “I’ve got the Lions spirit up in my head, here in my heart, down in my feet, and all over me.”  
*Photo by Lion Joanne Ochoco*

## LIONS HAND OUT LUCKY NUMBER TICKETS, CONTROL TRAFFIC AT CRAFT FAIR THAT SUPPORTS KAUA’I VETERANS CENTER

*Project Report by Lion Harvey Kinoshita, Kauai Veterans Center Liaison*



Manning the main gate: ChairLion Harvey Kinoshita and Lions Joanne Ochoco, Barbara Gusman, Joan Baganz hiding from torrid summer sun behind Lion Barbara, Helena Cooney, DeAnna Starinieri, Felicia Cowden. Directing traffic in parking lot: Lions Paul Endo and Crystal Caday-Bargayo. Doing auxiliary duty at craft fair: Lions PDG Kelvin Moniz, Prexy Robin Dame, and Alfonso Murillo.  
*Photos by Lion Alfonso Murillo*

**Number of persons benefiting:** Over 1000 people. **Description of Activity:** Control the flow of traffic in and out of Kaua’i Veteran Center throughout the day from 9am-3pm and hand out lucky-number tickets at the main gate. **Number of man-hours:** 52. **Final Expense to EKLC:** \$0.00. Kaua’i Veteran Center gave one \$10 food ticket, one \$3 beverage ticket to each volunteer.

In all cases, when the food order exceeded the price of the food ticket, the vendors accepted the food tickets, but no more cash. In at one case, the Lion opened the lid and found four beef ribs instead of three as specified by the menu. All of these cases exemplify a thought: *Lions serve to serve others, not to be served themselves. However, such high regard bestowed on Lions reflects the honor that the community bestows on those who serve.*



## **PAST DISTRICT GOVERNOR, LION ROY NISHIDA, INSTALLS HIS DAUGHTER, LION LIANNE NISHIDA-COSTELLO, AS PRESIDENT OF LAS VEGAS ALOHA LIONS CLUB**

When Las Vegas Aloha Lions were planning their annual installation of officers for 2022-2023, we all knew incoming President Lianne Nishida-Costello came from a family of Lions. Her Dad, Past District Governor Lion Roy Nishida, introduced Lionism to Lianne at a young age. The Las Vegas Aloha Lions, although not chartered in Hawai'i, has strong ties to the Aloha State. What if Lianne's Dad were to install his daughter as the incoming President of Las Vegas Aloha Lions Club? Lianne spoke to her dad, and he accepted!



The night of the installation, we also asked Lion PDG Roy to induct two new members into the club. Aside from inducting the new members, he also installed all of the officers. It turned out that incoming President Lianne had to quarantine at home and therefore could not attend the ceremony in person. Auwe!! But all turned out well as he installed his daughter virtually. Lion Roy was gracious and generous the entire evening, presenting gifts to the new members and incoming officers.



Las Vegas Aloha Lions greatly appreciated Lion Roy for his presence and his acceptance to induct new members and install the new officers. It was a memorable event, especially since he traveled all the way from Kaua'i. Mahalo, Lion Roy Nishida, Past District Governor, for making our annual event special.

***TOGETHER WE CAN***  
*Theme of Lion Brian Sheehan*  
***INTERNATIONAL PRESIDENT***

# GETTING TO KNOW LION DEANNA STARINIERI THROUGH GMM BINGO



Raised in New Philadelphia, Ohio. New Philadelphia HS Class of 1959. Graduate nurse Dec 1966 IL. Passed state boards February 1967. Finished final year when children were 4 and 2. Also lived in IA, MA, ME, CA. Worked in ICU in Southern CA. Moved to Kaua'i from CA in 1972. Worked in Wilcox ICU 4 yrs, managed Kaua'i dialysis units 22 yrs. Real estate agent in 1978. Made 4 sales, then market went soft for 10 yrs. Worked as manager in satellite St. Francis dialysis unit. Initiated steps to save many lives in career. Certified in Healing Touch and Holistic Nursing which took 2½ yrs, 1995-1997. Healing Touch for pain relief, relaxation and sleep. Jazz dancing, bridge lessons in CA. Cub Scout leader in CA 1 yr. Studied hula 2 yrs 1997, Tai Chi 2 yrs, Taiko drumming 2 yrs. Studied at KCC 1987-88 – 24 credit hrs that included art class-pottery, pharmacology, anthropology, archeology, world civilization. Creative writing 1996. Kaua'i Hospice 1998 for 18 months. Son, daughter, 2 great granddaughters. Walk 3 miles, row 30 min several times a week. Daughter and I have an LLC, 2 cars on Turo for 15 months. Tahiti, Italy 3 times, London 2 times, Germany, Austria, Switzerland, France, Monaco (Grand Prix), Egypt, Israel 2 times, Kenya photography safari, Japan, Thailand, Greece, 5 ocean cruises, 2 Dialysis at Sea cruises, 1 Viking cruise thru Europe – Netherlands, Germany, Austria, Hungary, Prague, CR, Canada, Mexico, Spain. Traded stocks after husband died, bought 2000 shares of \$2 stock for 2 months and sold, made \$48,000, stock then tanked. Returned to nursing. Joined Lions 2008 – 2<sup>nd</sup> VP, 1<sup>st</sup> VP, President 2011-2012. Macrobiotic diet, intermittent fasting, 10-day fasts when I feel need for cleansing.

## *SERVICE WITH ALOHA*

*Theme of Lion Bob Lee*  
*INTERNATIONAL DIRECTOR*



## LION STEPHEN FUJII RINGS THE BELL FOR PEACE

*“I pledge allegiance to my country,  
and to the cause of peace throughout the world . . .”  
Lions Pledge*



Being short on time to systematically organize a District-generated project to Ring the Bell for Peace, the Board decided that whoever was so inclined to ring the bell for peace should go on their own. Lion Stephen Fujii, among several Lions, answered the call. In essence, he rang out the Lions pledge of allegiance “to the cause of peace throughout the world.”

## EKLC 85<sup>TH</sup> CHARTER ANNIVERSARY CELEBRATION PLANS NEAR FINALIZATION

***SAVE THE DATES: MARCH 30, 2023 – APRIL 2, 2023***

Charter Anniversary Committee Chaired by Lion Harvey Kinoshita, Co-Chaired by Lion PDG Roy Nishida, encourages everyone in the club to participate in this celebration. East Kaua’i Lions Club does its major celebrations every five years, or years ending in 3 and 8.

Five-year celebrations are a HUGE DEAL. Co-chairs are spending hours on the road and in negotiations with hotels, restaurants, visitor destinations. **In this day of exploding inflation, the task is daunting indeed to secure arrangements within range of the average family’s budget.**

Shimonoseki West Lions always make the trip from Japan to be part of these every-five-years festivities. This custom began in Lions Year 1982-1983 when Lion PDG Roy Nishida was President and the late Lion Ted Eto and late Lion Wally Tasaka spearheaded the twinning process. Baguio City Lions could possibly make the trip.

Good reason for East Kaua’i Lions to BE THERE to extend the best of the stuff of which East Kauai Lions are made. ROAR!!



Shimonoseki West Lions from Japan at EKLC’s Charter Anniversary Celebrations of 2008 and 2013

*JAPAN LIONS GREET ENGLISH-SPEAKING LIONS WITH THIS GREETING:*  
***WE SERVE!!***

## READERS' COMMENTS, GREETINGS

***Lion Gary Nip, District Governor, Koko Head Lions Club:*** Mahalo for Informing, Illuminating and Inspiring us with your advice on your successful Bone. I MUA!

***Lion CJ Kalopodes, 1<sup>st</sup> Vice District Governor, Kane'ohe Lions Club:*** Great reading, great photos. Enjoyed reading everything.

***Lion Cecelia Izuo, Past District Governor, Pali Lions Club:*** I hope you are joining us tonight to talk about your bulletin.

***Lion Roberta "Berta" Jenkins, Secretary, Mililani Lions Club:*** What an amazing month Kaua'i Lions had!! We tell our Mililani Lions to come early to our GMM for Talk Story. I like "Happy Talk." We'll see how that works 👍😊🐯. Another good idea is your calendar – Lions can plan their lives around the Lions calendar!! Thank you for sharing!! ***Together We Can!!***

***Lion Ron Garlie, East Kaua'i Lions Club:*** Loved the BONE and seeing all the projects being done. Thanks for keeping us informed. Great seeing new members jumping in to serve. Taking some time off...but I'll be back! ROAR!! PS: Please pass the wine and cheese...please!

***Lion Alfonso Murillo, East Kauai Lions Club:*** EXCELLENT. Thank you.

***Lion Wayne Mukai,*** You da BEST!!