



Attachment 1f
District 50 Lions

Parent/Teacher ABC Checklist
A Checklist for Vision/Eye Problems

A = APPEARANCE Do the eyes look normal?

- One eye turns in/out, up/down or "wanders" all or part of the time
- Crusty, red or swollen eyelids (frequent styes)
- Different size pupils
- Bloodshot eyes, blackened or bruised eyelids
- Red Eyes - Pink eye
- Drooping eyelid(s)
- Cloudy looking eyes
- White pupil
- Growths on eyes or eyelids
- Excessive tearing (watery) or mucous
- Closes one or both eyes in bright light
- Eyes in constant movement - "dancing eyes"
- Eyes that "just don't look right"?

B = Behavior: Teacher/Parent Observation

- Tilts or turns head, covers or closes one eye for critical seeing
- Squinting, frowning, blinking or squeezing the eyes
- Difficulty in keeping place while reading -- a "finger" reader
- Disinterested in activities involving close work
- Makes errors when copying from board, paper or book
- Places head close to book or desk when reading
- Excessive stumbling, awkwardness
- Holds printed material in unusual position
- Difficulty identifying colors
- Excessive blinking or rubbing eyes
- Other behaviors that may indicate vision problems (reverses/skips words)

C = COMPLAINTS Child's Statements

- Eyes hurt or blur while reading
- Words move or jump around when reading
- Double vision or blurred vision
- Trouble with vision following a head injury
- Cannot see well at night or in dark areas
- Eyes hurt in sunlight or bright lights
- Itchy or burning eyes
- Headaches, feels dizzy

Children with any of these signs should be referred to an Eye Doctor or Primary Care Physician